

Books to support mental health

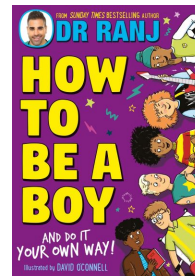
Recommended by Peters



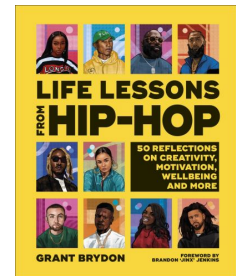
Bad influence
Tamsin Winter



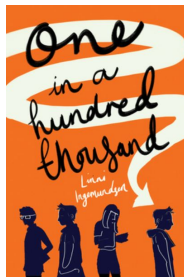
Be resilient
Nicola Morgan



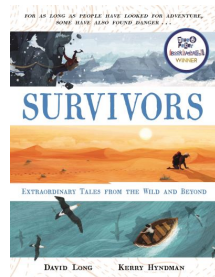
How to be a boy and do it your own way!
Ranj Singh



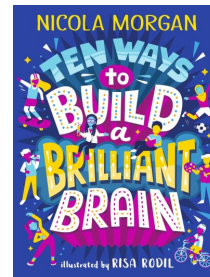
Life lessons from hip-hop
Grant Brydon



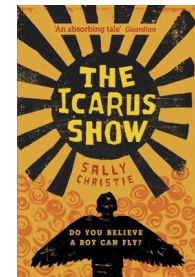
One in a hundred thousand
Linni Ingemundsen



Survivors
David Long



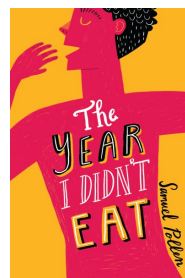
Ten ways to build a brilliant brain
Nicola Morgan



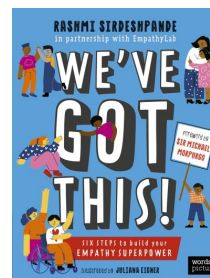
The Icarus show
Sally Christie



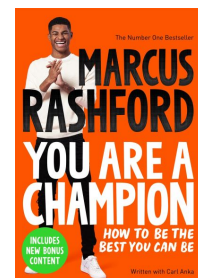
The words we keep
Erin Stewart



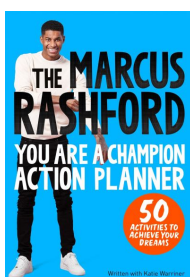
The year I didn't eat
Samuel Pollen



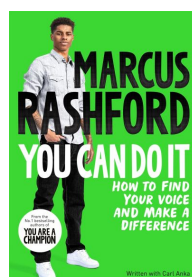
We've got this!
Rashmi Sirdeshpande



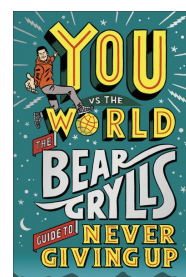
You are a champion
Marcus Rashford



You are a champion action planner
Marcus Rashford



You can do it
Marcus Rashford



You vs the world
Bear Grylls