



Issue 5: Get Moving!

Snap it! (p.2-3)

- 1 How many high-rise buildings does Hong Kong have?

Eureka! (p.4-5)

- 2 How many days did NASA's Artemis II mission around the moon last?
- 3 Is it true that the astronauts saw a total eclipse from behind the moon? If so, how long did it last?
- 4 When a volcano erupts, sometimes there is lightning. What causes lightning?

Map it (p.6)

- 5 What is the name of the eighth largest island in the world?

Get moving! (p.8-13)

- 6 What are the three main types of exercise called?

Use What on Earth! Magazine to generate discussion with young readers

- 7 Name three exercises you can do.
- 8 Talk to a classmate; what are their favourite ways to get moving?
- 9 Do you think doing regular exercise is beneficial for your mind as well as your body? How do you feel before, during and after you exercise?
- 10 How can you incorporate exercise into your day? What might be the best way to do this?
- 11 What do you think about the fitness myths? Are there any others which you know of?
- 12 Which famous sports people do you know? Can you work out what kinds of training they need to do to be good at their sport?
- 13 Think of a sport which isn't covered in the articles. If you were making a card with a fact, exercise type and intensity indicator (like the ones in the article), what would you give your sport?
- 14 Is there a sport or activity you would like to try but haven't had the chance? Write an activity wish list and find out where your nearest places to try them are. What would you need to try them?
- 15 Some sports have big competitions, such as the Olympics and the Football World Cup. Some activities have gatherings, like the Chelsea Flower Show, or hiking groups. Are there some things that you would try on your own, and some which you'd prefer to try as part of a group? Why is that?

Word up! (p.15)

- 16 Can you find one of the languages Cleopatra spoke?
- 17 JRR Tolkien invented languages. Why not invent your own language? What would it be called? Who would use it?

The deepest caves on Earth! (p.16-17)

- 18 Some people like exploring caves, while other people are afraid of small spaces. Is your class a split of the two? What do you think it would be like to be somewhere so deep?

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