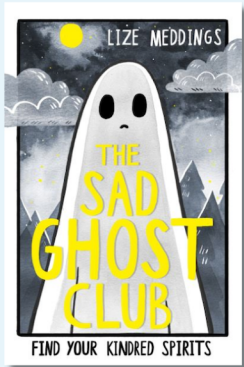


The Sad Ghost Club

Lize Meddings

BOOK TALK CARDS



ABOUT THE BOOK

When one sad ghost, alone at a crowded party, spies another sad ghost across the room, they decide to start a club for people who think they don't belong.



OUR THOUGHTS

"A subtle, very capable and emotive look at anxiety and depression, and the value of talking about mental health."

KS3

THEMES:

- Loneliness
- Social anxiety
- Bravery
- Depression
- Belonging

TIME TO TALK

- 1 Why do you think the sad ghost characters are depicted as sad ghosts? What does being covered up by sheet signify?
- 2 Can you relate to the feelings of the sad ghosts? Or, if you can't, how do you think you could help a sad ghost?
- 3 How do the illustrations of the main Sad Ghost, SG, change throughout the book – how does the author emotion convey when the characters don't have much in the way of facial expression.
- 4 How does SG show compassion when he spots another Sad Ghost at the party? They may be anxious, but they recognise that anxiety in others. Does that make them an empathetic character?
- 5 Has reading The Sad Ghost Club made you feel more empathetic towards people who may be shy or awkward around others? If you are shy and socially anxious, does this book give you hope?
- 6 Imagine the first meeting of The Sad Ghost's Club. What would they talk about, and how would they offer support to each other?
- 7 How does SG show bravery in the book?
- 8 Is it a sad book?

TAKE THE TEXT FURTHER WITH OUR TOP 5 TITLES TO CONTINUE THE THEME:

